



TANGIBLE MIRACLE OF DIVINE SOUND BOWL HEALING IMPACT:

TESTIMONY by -
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People in general use varied nomenclatures to describe sound, as noise (some further differentiate this as white noise and the rest), music etc. Fewer still realise the impact of sound on our system (body which comprises of physical, etheric, astral & mental bodies & their respective auras) & those who do by getting acquainted with and later by practice, acclimatised to energies, also have been able to express their experience/s from sound bowl self healing sessions (I'm mentioning this because I have been practicing only self healing, thus far) in a nebulous manner such as saying-they feel more calm, balanced, light, clarity etc. I too have been thinking as-okay I'll feel all these as imperceptibly small changes within myself, gaining momentum over time & have been doing Divine Sound Bowl self practice over the months as instructed by our Guru Dr. Sujata Singhi Ma'am.

Early this month my blood pressure shot-up within a few hours to 200/120 (normal diastolic ought to

be 80). I've been taking mild BP tablets 02 at night and 01 in the morning. Doctor decreased thru powerful tablet immediately to 65 diastolic which also had an impact of making my head too heavy and sick. I mentioned this to Ma'am. Ma'am instantly responded instructing me to use a particular bowl in a specific manner. I did this and the immediately succeeding day fore-noon when I checked the BP it had come down to 66 diastolic without any medication to bring it down as done by doctor earlier. I was amazed. I was told by Doctors to stop medicines completely. I conveyed this to Ma'am and she gave further instructions changing the protocol to stabilise the BP. It's worked wonderfully.



Now, I can say with evidence of my case itself that Divine Sound Bowl impacts our system as in different bowls having a designated purpose & I saw the result of using a particular bowl as taught by Ma'am in a particular way brought this tangible effect of seeing in numerals the Blood pressure being altered radically. That's why I see it as a tangible miracle of seeing the impact of the Sound emanating from these Divine Bowls.

I waited for more than a fortnight to write this testimony because I wanted it to be absolute facts from what I've observed. Now, Doctor has completed removed one medicine & only one tablet I'm presently taking morning and night. Of course once a medical condition comes it's seldom that medication is totally given up in cases of hereditary issues such as BP, diabetics (which I don't have, Thanks to God). But, it's an astonishing phenomenon in my observation that medication has been reduced by one medicine being totally eliminated in regard to Blood Pressure, I'm yet to

see this happen in a person having BP. Inference arrived at logically is that this is because of the Divine Sound Bowl (self) Healing done by me as Taught and later by instructions of which bowl and protocol, given by Ma'am which she alters by her experience depending on what the present situation is. Now, I'm doing what Ma'am has asked me to do-the particular bowl, placement & durations/s.

All Thanks with Gratitude 🙏 to Supreme God, all the Great Great Ones & our Acharya Dr. Sujata Singhi Mam's Guidance, Help, Healing & Blessings

